

Full Report (All Nutrients) 45110311, CHILI'S, CHICKEN FAJITA RICE BOWL, BIG BOLD, UPC: 717854470018

Powered by [LabelInsight](#)

Report Date: June 19, 2017 17:02 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	284.0 g 284g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	381	134
Protein	g	--	--	19.00	6.69
Total lipid (fat)	g	--	--	10.00	3.52
Carbohydrate, by difference	g	--	--	51.01	17.96
Fiber, total dietary	g	--	--	5.1	1.8
Sugars, total	g	--	--	4.00	1.41
Minerals					
Calcium, Ca	mg	--	--	199	70
Iron, Fe	mg	--	--	2.70	0.95
Sodium, Na	mg	--	--	960	338
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	42.0	14.8
Vitamin A, IU	IU	--	--	750	264
Lipids					
Fatty acids, total saturated	g	--	--	3.493	1.230
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	40	14

Amino Acids

Other

Ingredients

COOKED LONG GRAIN RICE, CHICKEN BREAST MEAT WITH RIB MEAT (CHICKEN BREAST MEAT WITH RIB MEAT, WATER, BLACKENED SEASONING [SALT, SPICES {INCLUDING RED PEPPER AND PAPRIKA}, SOY PROTEIN ISOLATE, MODIFIED POTATO STARCH, SODIUM PHOSPHATE, CORN STARCH, ONION, CARRAGEENAN, GARLIC, EXTRACTIVES OF OREGANO, SOY LECITHIN]), WATER, DICED TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), POBLANO CHILI PEPPERS, RED BELL PEPPERS, COOKED BLACK BEANS (BLACK BEANS, WATER), CHEDDAR CHEESE (PASTEURIZED MILK, CULTURES, SALT, ENZYMES, ANNATTO [COLOR]), ONIONS, CORN, LESS THAN 2% OF TOMATO PASTE, CANOLA OIL, JALAPENO PEPPERS (WITH

WATER, VINEGAR AND SALT), GARLIC (WITH WATER AND CITRIC ACID), SALT, CILANTRO, MODIFIED FOOD STARCH, CELLULOSE, SPICES, GRANULATED ONION, GRANULATED GARLIC, XANTHAN GUM, LIME FLAVOR WITH OTHER NATURAL FLAVORS (SUNFLOWER OIL, NATURAL FLAVOR), VITAL WHEAT GLUTEN. *Date Last Updated by Company: 05/18/2016*